

NBRC Lap Pool

March 28-May 1

Pool schedule is subject to change. Please check the bottom of the page for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00=:==							
6:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00 4 lanes open 8:00-9:00 Drop-in H20 Fit	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim 6:00-9:00	Lap Swim	
6:30am						6:30-7:00	
7:00am						3 lanes open 7:00-9:00 Boulder Swimming	Lap Swim
7:30am							7:30-8:00
8:00am				4 lanes open 8:00-9:00			2 lane open 8:00-9:30 BAM
8:30am				Drop-in H20 Fit			
9:00am	4 lanes open 9:00-10:00 Drop-in H ₂ 0 Fit Lap Swim	Lap Swim 9:00-12:00	4 lanes open 9:00-10:00 Drop-in H ₂ 0 Fit Lap Swim 3 lanes open 10:30-11:30 BAM	Lap Swim 9:00-12:00	4 lanes open 9:00-10:00	3 lanes open 9:00-11:00 Flatirons	3 lanes open 9:30-10:30 BAM Lap Swim 10:30-1:00
9:30am					Drop-in H ₂ 0 Fit		
10:00am					Lap Swim		
10:30am	3 lanes open 10:30-11:30 BAM				3 lanes open 10:30-11:30	Lap Swim 11:00-1:00	
11:00am					BAM		
11:30am	4	4 lanes open 12:00-1:00 BAM	Lap Swim 11:30-4:00		Lap Swim 11:30-4:00		
12:00pm				4 lanes open 12:00-1:00 BAM			
12:30pm							
1:00pm		Lap Swim 1:00-4:00		Lap Swim 1:00-4:00		3 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	3 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm	2 lanes open 4:00-5:30 BHS/Elks	3 lanes open 4:00-5:30 BHS	4:00-5:30 BHS/Elks	4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/Elks	Lap Swim 4:00-6:30	Lap Swim 4:00-7:30
4:30pm							
5:00pm							
5:30pm	6 lanes open	4 lanes open 5:45-6:45 Drop-in Zumba Lap Swim 6:45-9:00	5 lanes open	6 lanes open Barracudas 5:30-6:30	6 lanes open		
6:00pm	3 lanes open 6:00-7:00 BAM & Lessons		6 lanes open 6:00-7:00		Lap Swim		
6:30pm			Lap Swim 7:00-9:00	Lap Swim	6:00-7:00		
7:00pm	4 lanes open Drop in H20 Fit 7:00-8:00			6 lanes open 7:00-8:00			
7:30pm				D3			
8:00pm	Lap Swim			Lap Swim			
8:30pm	8:00-9:00			8:00-9:00			
9:00pm							

"Lanes open" indicates lanes open to the public.

LG In-Service in 2 lanes 7-9PM Tuesday 4/12

LG Training in 2 lanes; 4/22 6-8PM, 4/23 1-4PM, 4/24 10:30-5PM

Swim Meet in ALL LANES 3-7PM Tuesday 4/26